VIKING INDUSTRIER

VERTICAL SAUNA

www.vikingindustrier.com

PRODUCT DESCRIPTION

Original, functional and high quality vertical sauna is perfect for a garden or a backyard. It both decorates the environment and provides bathing pleasures. Also, a regular use of sauna has obvious health benefits. Vertical sauna has better air circulation than other saunas, which makes it very attractive. This sauna's diameter is 2.45 m and height is 3 m, thus it takes up little space and is ideal for very small gardens or backyards.

Vertical sauna is made from a spruce wood (larch or thermos wood is also available if needed). Upon customer's request, we can install a wood-fired furnace or an electric heater in the vertical sauna. Thickness of the structure walls is 38 mm.

Sauna room volume: 9 m3.

SPECIFICATION

People	5-7 persons
Timber	Spruce
Shape	Oval
Room	1
Inside area	7.7 m^2
Total height	3041 mm
Floor thickness	18 mm
Wall thickness	38 mm
External dimension	2059 x 2450 mm
Door size	690 x 1800 mm
Window size	200 x 200 mm; 525 x 200 and 850 x 200 mm

STANDARD SET

Oval shape sauna;

Roof with bitumen shingles of your selected color;

Stainless steel tightening bands;

6 tempered glass windows;

Door with a lock and a tempered glass window;

Sauna benches;

Heat-resistant plates for a heater/stove;

Safety fence for the heater/stove.

DELIVERY

Assembling time	3 hours
Weight	1100 kg

The sauna is delivered to the customer fully ***assembled****, only a roof needs to be attached.* Size of the cargo (L x W x H): 2.60 x 2.40 x 2.55 m + 2 x 1.20 x 2 m. Weight: 1100 kg.

~ We pack all accessories on the same pallet if it is possible. Otherwise, all accessories will be packed on a separate pallet.

HEATER AND CHIMNEY KIT

Electric heater Harvia Leged PO11, 11kW + Harvia Xenio CX170 (9-20m3)

Electric heater Harvia Trendi KIP90, 9 kw (8 -14 m3)

Electric heater Harvia Vega BC80, 8 kW (7-12 m3)

Harvia Cilindro PC90XE, 9kW + Harvia Xenio CX001 (8-14m3)

Wood burning heater Harvia M3, 16.5 kw (6-13 m3)

Wood burning heater Harvia Pro 20, 24 kw (8-20 m3)

OPTIONS

AVAILABLE ROOF COLOR

Black shingles

Green shingles

Red shingles

ACCESSORIES

Clothes Hanger

Head Rest

Sauna Light

Sauna Light Cover

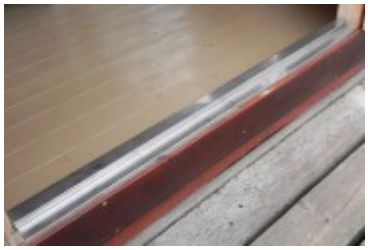
Thermometer - Hydrometer

Water Tank For Woodburning Heaters

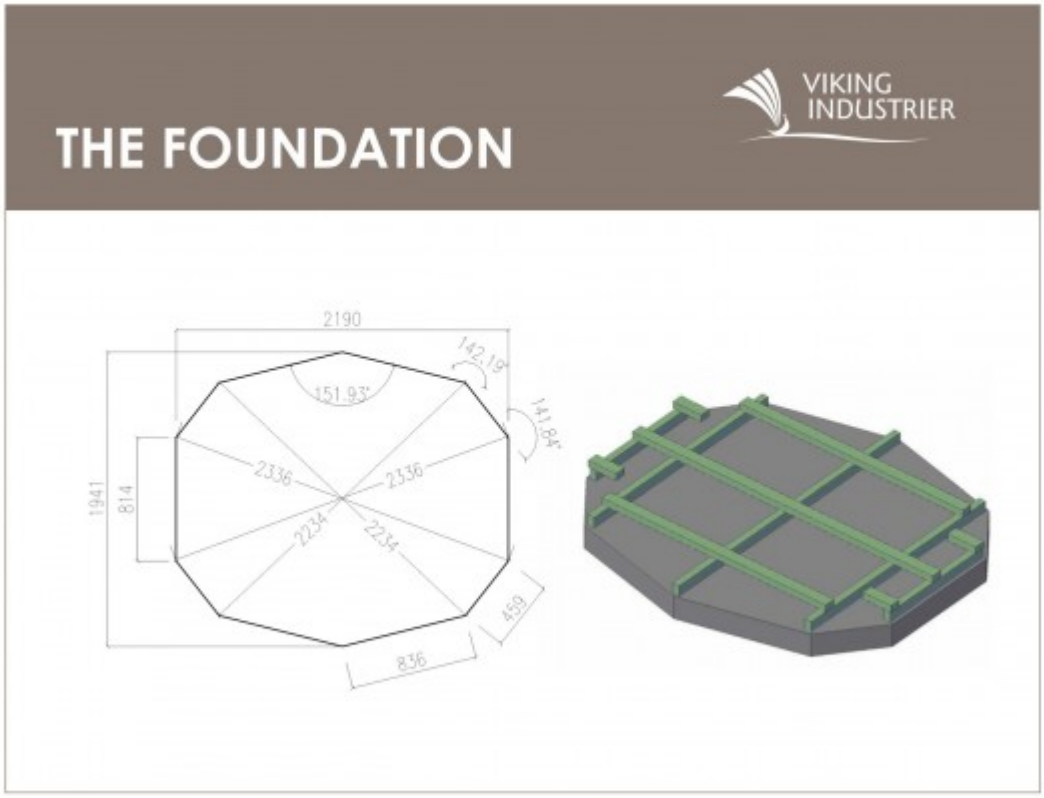
Wooden Bucket

Wooden Ladle

Bucket + Ladle Duo (White)


Stainless steel door sill

FOUNDATION



It is very important to have a proper base for your Sauna. Therefore, we recommend following our sketches and consulting a qualified local builder or engineer. Making sure that the base for your Sauna fits the location is of utmost importance.
Due to an improper base, the structure may crack. If the product is unevenly seated, the geometric shape of the building may change, which can result in the door/windows
twisting, and/or gaps. In the worst-case scenario, the product may even collapse.

- Before building the base, make sure you take into account the landscape and the ground conditions on which the Sauna will stand.
- The base under the product must be prepared specifically for the Sauna.
- The base must be homogeneous, tight, and level.
- Make sure that the properties of the base do not change over time. We recommend making the base out of concrete and water-proofing it before installation.

If you do not follow recommendations for building the base, the product will lose its warranty!

COLOR CARD

EXTERIOR WOOD STAIN COLORS

Water-based, quick drying premium total protection for wood outside.
Thin layer varnish – 3 in 1: impregnation, primer, and varnish!

PINE / LARCH RC260	TEAK RC545	CHESTNUT RC555
FIR GREEN RC960	MAHAGONY RC565	PALISANDER RC720
SILVER GREY RC970	NUT WOOD RC660	PINE RC270
RUSTIC OAK RC360	LIGHT OAK RC365	HEMLOCK RC120
WHITE RC990	EBONY RC790	SALT GREEN RC965

PLEASE NOTE: The colors shown in the catalogue and website may not 100% match the color you will receive.
The color of the wood material affects the final color.

COLOR CARD

EXTERIOR WOOD PAINT COLORS

Weather protection, water-based paints. High-performance and environmentally friendly.

WHITE / RAL 9016

ANTRACITE GREY / RAL 7016

LIGHT GREY / RAL 7035

DUSTY GREY / RAL 7037

OXIDE RED / RAL 3009

JET BLACK / RAL 9005

MOSS GREEN / RAL 6005

AZURE BLUE / RAL 5009

GREY BROWN / RAL 8019

BROWN RED / RAL 3011

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PAINTING

AUTOMATIC MACHINE SPRAY TECHNOLOGY
Benefits

One of the main and most obvious benefits of using a paint machine is the speed and flexibility at which we can suggest our painting service for all of our products. A spray paint machine can get the work done faster and more consistently than manually painting. While the machine works faster, it improves quality too – sprayers produce an even coat of paint, leaving a high-quality finish.
With our painting service from now, we can suggest to our client maximum flexibility! Not assembled products such as Grill cabins, Pavilions, Camping pods, and other products of any size you can order painted too!

PROFESSIONAL SPRAY

The high-quality preservative finish is professionally spray applied in the factory to three sides of the wood. The product is treated in your choice of color. You can choose two colors for one product: one for almost all product details and another for finishing details.

STAIN | PAINT
Which type of paint should I Use?

Properly painting and impregnating is one of the most important things to consider when thinking about how to extend your product's lifetime.
Paint and natural wood finish instantly spruce up the aesthetics of your product.
The decision you will need to make is if you want to use a water-based wood stain or paint. Both will offer you UV protection. The wood stains will allow the texture of the
wood to show through and many are now available in a vast range of colors, however, paints will give you an intensive color, but will cover the grain and texture of the wood.

USAGE AND MAINTENANCE

USING YOUR SAUNA
PREPARING YOUR SAUNA FOR USE.

- If you have wood burning heater, make sure to remove the protective film of the heater chimney before heating.
- Check the Sauna before heating. No flammable objects must be left on or near the heater.
- Check that there is water in the water tank (if you are using it).
- Ensure that the Sauna door is unlocked and easy to open before using it. If necessary, sauna door must be adjusted by the customer.
- Do not mount any additional accessories or shelves above the heater.
- Turn the Sauna heater on.
- The thermometer should be located at head level in the Sauna. It should be further away from the heater, so it does not give a false reading.
- Wait for the Sauna to reach the required temperature (normally 80-90º C).

All users should be aware of the potential dangers and requirements prior to participation in the Sauna!

THINGS TO NOTE WHEN USING THE SAUNA

Enjoy the many health benefits of the relaxing heat of your Sauna. But remember: being inside the hot Sauna for long periods of time raises your body temperature, which may be dangerous, especially for those with a heart condition or other health risks. **Generally, the recommended time inside a Sauna is from 10 to 15 minutes.** After a period of heating, take a **5 minute break** and then repeat. Also:

- Familiarize yourself with the safety instructions and keep away from the heater when it is hot.
- Be very careful when moving in the Sauna, as the benches and floors may be slippery!
- The Sauna should not be used by pregnant women or very young children.
- Remove all jewelry before entering the hot Sauna.

MAINTENANCE

Wood is a natural material and can change through time. Cracks of various sizes, structural or color changes are not the defects – rather, they are features of the wood. Natural wood (not impregnated) becomes grayish after being left untouched for a while. Later it can turn blue and get covered with mold.

- Impregnate and paint the wood to protect the product from outside. We recommend to inspect Sauna every 6 month and evaluate need of re-impregnation, re-painintg.
- When not in use, keep a bucket full of water in the Sauna during summer.
- Doors of the Sauna must be adjusted regulary.
- You should keep the sauna ventilation open all the time, to allow it time to dry and air out to avoid mold.
- To remove bench stains, use a mild soapy water and a soft cotton cloth. This can also be used on the heater itself - just make sure it's off and completely cool when you clean it.
- Don't use harsh or abrasive chemicals on benches, as these can bleach and warp the wood, ruining the grain and turning it grey.

With these simple maintenance tips your Sauna will stay inviting, fresh, and enjoyable!

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